



I have worked with the 10-33 Foundation for over a year and have been inspired by their drive to help our military and first responder community. Many of the people involved with 10-33 have been through hard times themselves and persevered. They now want to teach others how to cope with PTSD and other military and first responder related stressors. The training they provide is genuine and from the heart. I have had four lives saved in my unit as a direct result of the training provided by 10-33. I am grateful to have played a part in facilitating 10-33's involvement on Travis Air Force Base.

V/r
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