We have been utilizing the services of the 10-33 Foundation for stress management training and debriefings when outside assistance is needed. This training includes providing information to all new recruits to give them a tool to work with at the beginning of their fire careers. Providing valuable information before and during difficult times has the potential to limit or reduce the tragic consequences that our firefighters face on the job, within their family life and the way they interact with their communities in the future. The services provided by the 10-33 Foundation have been invaluable to our organization.

*Chief Tony Velasquez*
Fire Chief, Fairfield Fire Department